



# Grandparents Corner

May 2012

## Helpful Resources

When a child is placed out of their parents' home, there is a broad continuum of family arrangements and governmental support. Arrangements range from informal to court-ordered.

Families may qualify for additional benefits. Below is a list of programs that may benefit you with your caregiving role.

- **Cash Assistance** - "Child Only" TANF or Ohio Works First cash assistance. Eligibility is based on the child's out of home status, not the caregiver income. Apply at your local County Department of Job and Family Services agency (CDJFS).
- **Medicaid Coverage** - Based on child's income. If they are not already covered on a health insurance policy, the child is likely eligible for Medicaid.
- **SNAP (Food Stamps)** – This benefit is based on your household income and number of persons in the home.
- **Child Care Subsidy** - Benefits low income caregivers who are working. Apply at your local CDJFS.
- **Kinship Permanency Incentive Program** - Financial supports available for qualifying permanent kinship families with court-ordered custody. Apply at your local public children service agency.
- **HB130 Grandparent Power of Attorney and Caregiver Affidavit Forms** - HB 130-created legal documentation to assist grandparent caregivers who have physical custody of their grandchildren, but no court-awarded custody. When properly completed, notarized, and filed with the court, these forms will assist the grandparents with enrolling grandchildren in school and participating as the parent, as well as access to routine and emergency medical and dental care.
  - **Power of Attorney Forms**: *For grandparents whose children are authorizing the grandparent's power of attorney for their grandchildren*
  - **Caregiver Authorization Affidavit Form**: *For grandparents caring for their grandchildren who are unable to locate the child's parent or parents.*
- **Caregiver Support Program** - Identifies grandparents and kinship caregiver needs. Links grandparents and kinship caregivers with community agencies, educational and resource materials, individual support, and supplemental services to complement the care provided by grandparent and kinship caregivers.

For more information, contact the Area Agency on Aging District 7 toll-free at 1-800-582-7277.

*Good nutrition, physical fitness, stress management (such as daily meditation), stretching routines, and back strengthening exercises can prevent injuries and reduce back and joint pain. Read the issue and answer True or False to the questions below.*

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1. Arthritis is a chronic illness that can last for years.    T    F
  
2. There is no cure for arthritis, but keeping joints healthy and staying active means more years of independent living.    T    F
  
3. Stress will not aggravate arthritis.    T    F
  
4. People with arthritis sometimes feel anxiety and get depressed.    T    F
  
5. Body mechanics involves standing and moving in ways that prevent injury, avoid fatigue, and make the best use of strength.    T    F
  
6. Leg muscles are weaker than back muscles.    T    F
  
7. When you learn how to move, control and balance your own body, it's easier to control and help or move another person.    T    F
  
8. Arthritis is a normal part of aging.    T    F
  
9. The type of shoes or footwear a person wears will not be the cause of a fall.    T    F
  
10. Obesity is a risk factor for developing back pain and arthritis because it speeds the destruction of joint-cushioning cartilage.    T    F

**KEY:** 1. T 2. T 3. F 4. T 5. T 6. F 7. T 8. F 9. F 10. T