

Resources for Eye Care

National Eye Institute

www.nei.nih.gov

(301) 496-5248

Ohio Department of Health

ODH offers vision Specialty Clinics which are held in 26 Ohio counties. These are diagnostic eye clinics which provide eye examinations for referred children.

ODH Hearing and Vision Coordinator

614-644-6560

www.ODH.Ohio.gov

Ohio Optometric Association

(614) 781-0708

www.ooa.org

Prevent Blindness Ohio

1-800-301-2020

www.PreventBlindness.org/ohio

Find an eye care professional for children in your area.

<http://www.ohioamblyoperregistry.com/findan.htm>

Ohio Lions Clubs

(614) 539-5060

www.ohiolions.org

Prevent Blindness Ohio

1-800-301-2020

http://www.preventblindness.org/ohio/OH_programs.html

Ohio rehabilitation Services

1-800-742-0570

http://www.rsc.ohio.gov/VR_services/BSVI/bsvi.asp

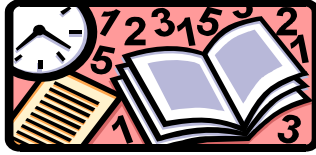
Ohio Medicaid Program

1-800-324-8680

<http://JFS.Ohio.gov>

The Area Agency on Aging District 7, Inc. serves Adams, Brown, Gallia, Highland, Jackson, Lawrence, Pike, Ross, Scioto, and Vinton Counties. For assistance from the Area Agency on Aging District 7, Inc., please call 1-800-582-7277.

"Services Provided on a Non-Discriminatory Basis"



QUICK QUIZ

Like anyone else, people with Alzheimer's disease are more likely to feel good about themselves if they engage in activities that stimulate and satisfy them. Read the issue and answer True or False to the questions below.

- 1 To help maintain good self-esteem, it is also important to help the person with AD to engage in meaningful activities and participate in family and community life. T F
- 2 Activities should make the best use of a person's remaining strengths and skills. T F
- 3 Some people with AD get very upset watching violence on TV because they think it is real. Careful TV monitoring is important. T F
- 4 ADLs such as bathing, shaving and getting dressed can provide an opportunity for chatting and reminiscing, singing or telling jokes and be enjoyable activities. T F
- 5 People with AD have usually do not have trouble concentrating. T F
- 6 Be generous with praise, do not criticize or correct mistakes, although you may want to lend a hand if some aspect of the activity becomes too difficult. T F
- 7 If the person is not paying attention, perhaps he is tired, or the activity is not interesting, too difficult, or confusing; try at a later time. T F
- 8 Cues such as pictures of a toilet on the bathroom door or a spoon glued to the kitchen door, *do not* help the person find his way around the house. T F
- 9 To help with a poor memory, focus on the present: "Today is a sunny day," rather than "Do you remember that winter snowstorm?" T F
- 10 As people age, their interests may change and, in spite of AD or sometimes because of it, people often discover talents they may not have expressed before.

TF KEY: 1-T; 2-T; 3-T; 4-T; 5-F; 6-T; 7-T; 8-F; 9-T; 10-T