

# Fall-Free Fact

with the Area Agency on Aging District 7 (AAA7)  
and Shawnee State University  
Occupational Therapy Program

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**Uneven surfaces on sidewalks and parking lots can trip you up. Learn more about how to stay safe when you are out and about by watching our recorded education on Facebook or visiting our website at [www.aaa7.org](http://www.aaa7.org). Click on the "Fall-Free Fridays" box and look for the information for the November 20th episode.**