

Area Agency on Aging District 7, Inc.
PY2023-2026 Strategic Plan Public Hearing

June 22, 2022

Waverly, Ohio



Assistance. Advocacy. Answers on Aging.

Older Americans Act

- Federal level:
 - Administration for Community Living
 - State Level:
 - Ohio Department of Aging
 - State Long-Term Care Ombudsman
 - » Regional/Local Level:
 - Area Agencies on Aging
 - Local Providers



Role of the Ohio Department of Aging (ODA)

- For Ohio, ODA administers:
 - Older Americans Act
 - Long-Term Care Ombudsman
 - Medicaid programs and functions
 - Respite services
- Plan for the emerging needs of Ohio's older adults
- Partner with Ohio's Aging Network



2020-2022 Strategic Action Plan on Aging (SAPA)

Goal: All Ohioans live longer, healthier lives with dignity and autonomy and that disparities and inequities among older Ohioans are eliminated.

- ◆ Prioritizes 15 issues across six topic areas
- ◆ Tracks progress on 19 outcomes
- ◆ Highlights opportunities to advance elder justice and equity
- ◆ Provides a menu of evidence-informed strategies and resources to improve outcomes across issues prioritized in the SAPA
- ◆ Outlines recommendations for data reporting and evaluation

SAPA 6 Topic Areas

- Community conditions
- Healthy living
- Access to care
- Social connectedness
- Population health
- Preserving independence

SAPA Principles

- ELDER JUSTICE – Elder justice is achieved by fostering and promoting systems, policies, and beliefs that value aging, dismantle ageism, and create an age-integrated society that supports older Ohioans to live longer, healthier lives with dignity and autonomy.
- EQUITY – Equity requires dismantling ageism and the compounding effects of ageism and other forms of discrimination. To eliminate disparities and inequities, SAPA strategies must be tailored to Ohioans with the greatest need, and coupled with efforts to dismantle ageism, ableism, racism, and other forms of discrimination.

State Plan on Aging

- Four-year plan (October 2023-September 2026)
- Design will be based on:
 - Needs assessment
 - Federally required areas of focus
 - Known and emerging concerns
 - Vulnerable elder populations



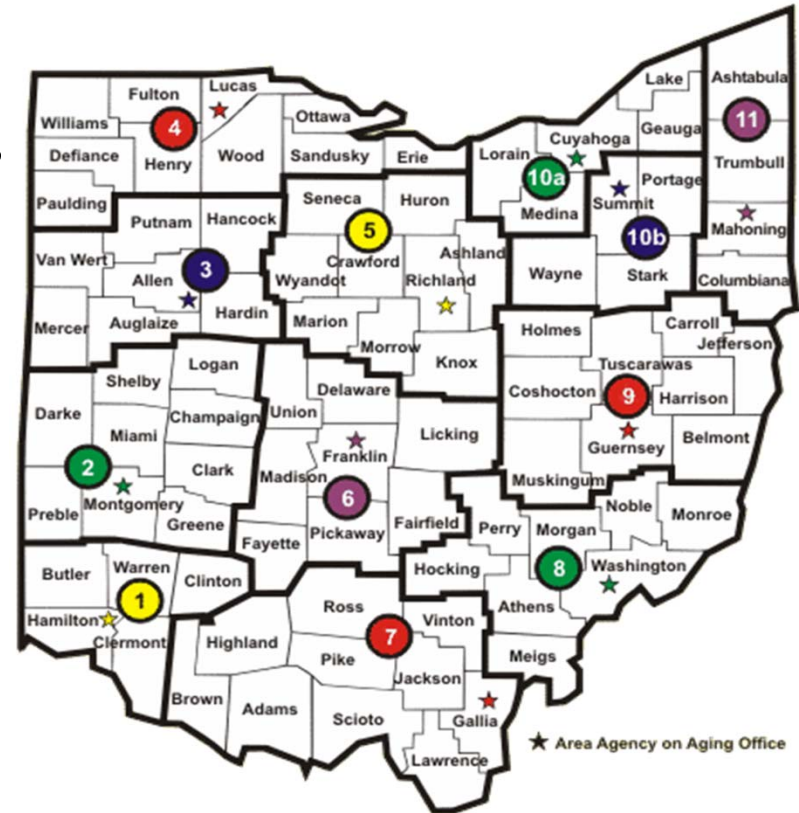
State Plan on Aging – serves multiple purposes:

- *Documenting* the tangible outcomes planned
- *Translating* activities, data, and outcomes into proven best practices, which can be used to leverage additional funding
- *Providing a Blueprint* that spells out the coordination and advocacy activities the state will undertake to meet the needs of older adults
- *Building Capacity* for long-term care efforts in the state



Area Agencies on Aging (AAAs) and PASSPORT Administrative Agencies (PAAs)

- Area Agencies on Aging (AAAs) serve as the regional leaders for the design and delivery of elder services and supports.
 - Help connect elders, caregivers and others to available resources.
- 13 PASSPORT Administrative Agencies (PAAs) perform clinical:
 - Intake and screening
 - Program eligibility
 - Assessments
 - Case management
 - Oversight of service delivery.



AAA7 Demographics – ten counties

- 60+ population of 106,587
- 75+ population of 32,411
- 54% female, 46% male
- 5% are grandparents raising grandchildren
- 21% live alone (age 65+)
- 8% in poverty (age 65+)
- 2.5% are minorities
- 14% are veterans (age 65+)
- 31% are disabled (age 65+)



Needs Assessment

- Completed by The Center for Community Solutions
- Profile of Older Adults in the Region including:
 - Race and Ethnicity
 - Limited English Proficiency
 - Housing Tenure and Family Structure
 - Economic and Social Needs in the Region
 - Poverty
 - Basic Needs: Food and Shelter
 - Health Coverage and Disability
 - County Economic Levels

AAA7 Goals

Focus Area 1: Community Conditions

Improve Transportation Access – increase involvement in county-level coordinated transportation plans, advocating for the needs of older adults.



AAA7 Goals

Focus Area 2: Healthy Living

Improve Nutrition – Continue to expand the Senior Farmers Market Nutrition Program by partnering with advocates for outreach activities, and recruiting additional farmers to participate.



AAA7 Goals

Focus Area 2: Healthy Living

Improve Physical Activity - An evidenced-based physical activity program will be available for community locations that embrace improving physical activity for those age 60 and older. Through collaboration and partnership with local county health departments increased outreach will be provided in the counties striving to improve physical activity.



AAA7 Goals

Focus Area 3: Access to Care

Improve Healthcare Coverage & Affordability -
Increase health insurance enrollment and
coverage with continuing implementation of the
MIPPA grant.



AAA7 Goals

Focus Area 3: Access to Care

Improve Caregiver Supports - Increase access to caregiver education through the implementation of the evidenced-based technology intervention “Trualta”.



AAA7 Goals

Focus Area 4: Social Connectedness

Improve Social Inclusion - Provide home-based social supports with one-on-one contact and community referrals with self-identified individuals using AAA7's "Porch Talk" program.



Waivers Requested for 2023-2026

Title III-D Health Promotion and Disease Prevention Evidence-Based Health Programs

- ✓ Must be one of the ACL identified and approved programs

- ✓ Current activities are:
 - A Matter of Balance
 - Chronic Disease Self-Management
 - Chronic Pain Self-Management
 - Diabetes Self-Management
 - Powerful Tools for Caregivers

- ✓ Anticipated Yearly Funding:
 - Title III-D = \$89,515
 - Senior Community Services = \$20,200



Waivers Requested for 2023-2026

Title III-E National Family Caregiver Support Program Caregiver Counseling and Training

- ✓ Caregiver Counseling: individual counseling and the organization of support groups to assist the caregivers in the areas of health, nutrition, and financial literacy, and in making decisions and solving problems relating to their caregiving roles.
- ✓ Caregiver Training: providing in-home training to caregivers for non-skilled duties such as transfers, bathing, lifting, grooming, dressing, making hospital beds, in-home safety assessments, and evaluation of equipment needs. May also include assisting caregivers and care recipients to understand financial literacy related to services and in home care.
- ✓ Anticipated Yearly Funding: Title III-E = \$12,000-\$14,000



Questions?

Comments?



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Contact

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Written comments will be accepted through
July 1, 2022

