# **Resources for Caregivers**

Many times caregivers find themselves without the needed insurance to help pay for the cost of medical care and medications. Below is a listing of websites and telephone numbers that may assist you in finding the medical care you need. The Area Agency on Aging District 7, Inc. is providing this list for your information and does not recommend or attest to the quality of services offered by the agencies on this list.

## **What are Patient Assistance Programs?**

These programs provide free or low cost prescription medication to lowincome people who are uninsured or under insured and meet the guidelines. Most medicines are provided by the pharmaceutical companies who manufacture the medicine.

### www.needymeds.com

Offers information about pharmaceutical company's indigent drug programs for adults and children as well as locations of free or no cost clinics and disease specific programs.

## www.rxassist.org

applications online.

(877)844-8442 Describes some drug programs available and provides some

# www.freemedicineprogram.com

(800) 921-0072, ext.2 Assistance program based on income. An application must be completed.

## www.helpingpatients.org

Supplies an eligibility questionnaire to find out if you are eligible for any programs. This site will help you get the information you need to qualify for assistance.

## www.pparx.org

(800)762-4636
This site provides a directory to type in the name of a medication and then receive necessary information for the program that may supply the medication.

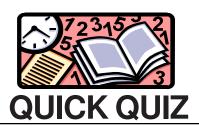
#### Walmart

Has a \$4.00 prescription drug program for a 30 day supply of certain generic drugs. Check with your local store for a list of covered medications.

This listing is intended to assist those age 60 and under. Other programs are available for those age 60 and older.

The Area Agency on Aging District 7, Inc. serves Adams, Brown, Gallia, Highland, Jackson, Lawrence, Pike, Ross, Scioto, and Vinton Counties. For assistance from the Area Agency on Aging District 7, Inc., please call 1-800-582-7277.

"Services Provided on a Non-Discriminatory Basis"



Vision loss can reduce independence and take the joy out of living for seniors and their caregivers. Test your knowledge of this subject by reading this issue and answering the following True/False questions:

#### Circle T for TRUE or F for FALSE:

- T F 1. Some vision loss is normal as people age.
- T F 2. Most vision loss is related to stroke or dementia.
- **T F** 3. The leading cause of vision loss in people over 50 is macular degeneration.
- T F 4. Most people with diabetes experience diabetic retinopathy.
- **T F** 5. Glaucoma is the leading cause of blindness in the United States.
- **T F** 6. One of the first signs of vision loss is the inability to read fine print.
- **T F** 7. A person with Alzheimer's Disease should have regular eye examinations because poor vision can contribute to confusion.
- **T F** 8. A wide range of foods protect the eyes.
- **T F** 9. Vision loss is a common symptom of several serious conditions such as diabetes.
- **T F** 10. The best prevention of diabetic retinopathy is maintaining stable blood sugar levels.

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