



# TRAINING OPPORTUNITY

Hosted by the Area Agency on Aging District 7

## “Sensitivity to Aging”

Presenters: Carissia Houser and Cindy Throckmorton

*This training strives to make us aware of the special needs of the aging population, and the myths and stereotypes that are often associated with aging. Aging is a normal process and as we age, there are normal aging-related changes that develop from a psychosocial as well as physical perspective. It is the goal of “Sensitivity to Aging” to discuss these normal aging processes and how they affect the older adult. It is also the goal to make us aware of the impact of aging-related physical changes and how they affect the individual’s ability to meet their everyday needs so that we, as professionals, can develop an understanding and empathetic approach as we help our aging client population meet these needs.*

## April 8, 2025

9:00 am – 12:30 pm

Area Agency on Aging District 7 Jackson Office

1 Acy Avenue, Jackson, OH

Cost: \$50

**CEU Information Included on Back Page**

**REGISTER ONLINE – Please follow these instructions:**

- 1) Log on to [www.aaa7.org](http://www.aaa7.org)
- 2) Go to the “Training” Tab
- 3) Click on “Training Registration”
- 4) Complete the registration form
- 5) Two options to pay:
  - PayPal – we will send a link once we receive your training registration.
  - Mail Check – AAA7, Attn: Training Dept.; 1 Acy Ave., Jackson, OH 45640.

**IMPORTANT – Registration deadline is April 2, 2025.**

Please see back page for more information about this training including course objectives, speaker bio and CEU information.

# **Sensitivity to Aging**

## **Course Objectives**

*At the conclusion of this workshop participants will be able to:*

- Describe common attitudes and stereotypes about aging.
- Summarize demographics about the aging population.
- Describe social characteristics of older adults.
- Explain the impact of generational experiences on values and attitudes.
- Identify normal aging-related changes in older adults.
- Describe how aging-related sensory losses, decreased joint mobility, and decreased fatty tissues could affect an older person's feelings and functions.
- Discuss the impact of aging-related physical changes on the ability of older adults to do routine tasks.

## **More About the Speakers**

### **Carissia "Cari" Houser, MSW, LSW**

*Cari has been with the Area Agency on Aging District 7 (AAA7) since 2016. She has worked as a Care Manager for the Ohio Home Care Waiver, Consumer-Directed PASSPORT, served as a PASSPORT Team Leader, and is now working as an Assessor. Cari received her BSW from the University of Rio Grande in 2010, and received her MSW with concentration in Community Organization and Social Administration from West Virginia University in 2018. Prior to working at the AAA7, Cari worked for the Ohio Department of Corrections as a trainer, social worker and victim advocate. Cari also has worked at Help Me Grow in Jackson County, Ohio, and Southern Ohio Behavioral Health in Ironton, Ohio.*

### **Cindy Throckmorton**

*Cindy has over 30 years of long-term care experience having worked in the health care field in both nursing homes and home care since 1988. Cindy has been with the AAA7 since 2007, having many roles and responsibilities including, Care Coordination Case Manager and Pre-Transition Case Manager for over five years. She attended one year of Nursing School at Shawnee State University. Cindy received ODA Clinical Staff Certification and has completed the Sensitivity to Aging Train the Trainer.*

**CEU Information** – Approved by the National Association of Social Workers (NASW) Ohio Chapter for three (3) hours of CEUs for social workers – 333350-021025.

The Ohio Board of Nursing accepts social work hours for RN CEUs. NASW is recognized as a Continuing Education Approver for social work CEUs by the OCSWMFT Board. If you are audited, provide the above number.

This number does not match the format for other provider's numbers because NASW is a continuing education approver rather than a provider.

*The Area Agency on Aging District 7, Inc., does not discriminate on the basis of race, color, sex, religion, national origin or disability. If you need special accommodations due to a disability, please let us know.*