



Grandparents Corner

September 2017

Childhood Cancer Awareness Month

If you or your child has been diagnosed with cancer, you are probably overwhelmed with information and medical words which you have never heard before. More than 40,000 children undergo treatment for cancer each year.

There are three primary types of children's cancer:

Leukemia—Cancer of the Blood

Lymphoma—Cancer of the Immune System

Solid Tumors—Cancer of the Bone, Tissues, or Organs

Each type of children's cancer is treated differently, depending on what researchers have found to be the most effective in destroying the particular type of cancer cell. The most common types of cancer treatment are as follows:

- Chemotherapy
- Radiation Therapy
- Bone Marrow Transplant
- Surgery
- Immunotherapy
- Targeted Therapy

While coping with a cancer diagnosis and managing the treatments is painful and challenging, it is important to remember that the majority of children's cancer patients survive this frightening disease.

For more information about childhood cancer, visit:

CureSearch for Children's Cancer - <https://curesearch.org/>

Falls and fractures are not an inevitable part of growing older. Many can be prevented. Many falls result from personal or lifestyle factors that can be changed. Read the issue and answer True or False to the questions below.

1. According to the Centers for Disease Control and Prevention, one-third of adults age 65 and older experience a fall each year. T F
2. Balance can be affected in a person with a disability, such as a person living with stroke. T F
3. Certain eye and ear disorders may increase your risk of falls. T F
4. Having regular vision screening does not help prevent falls. T F
5. Influenza (“the flu”) is a contagious respiratory illness that can be severe and life-threatening, especially for adults 65 years of age and older. T F
6. If the person falls and cannot move or use the injured limb, keep it from moving. Do not straighten a deformed arm or leg. Splint an injury in the position you find it. T F
7. When transferring from a wheelchair to a car, place the wheelchair as close to the car seat as possible and lock the chair’s wheels. T F
8. Water therapy is a safe way for a person with a disability and older adults to exercise because there is no danger of falling. T F
9. Having foot pain problems corrected and keeping toenails trimmed and feet healthy helps a person have good balance. T F
10. The incline at curbs that have been cut away to allow access for bikes or wheelchairs cannot lead to a fall. T F

KEY: 1. T 2. T 3. T 4. F 5. T 6. T 7. T 8. T 9. T 10. F