

Community Wellness ²⁰¹⁷



Join us at one of our evidence-based classes in 2017. Or call us for more information about bringing a class to your community!

Healthy U Chronic Disease Self-Management

BROWN COUNTY

March 24 – April 28th at the VA Cincinnati Medical Center/Outpatient Clinic in Georgetown
July 7th – August 11th at the VA Cincinnati Medical Center/Outpatient Clinic in Georgetown

GALLIA COUNTY

June 1st – July 13th at the Gallia County Health Department, Gallipolis

JACKSON COUNTY

February 3rd – March 10th at the Oak Hill Senior Center, Oak Hill

LAWRENCE COUNTY

March 22nd – April 26th at the Lawrence County Senior Center, Ironton

ROSS COUNTY

October 4th – November 8th at Hopeton Village, Chillicothe

SCIOTO COUNTY

January 16th – February 20th at Southern Ohio Medical Center, Portsmouth
June 7th – July 12th at Southern Ohio Medical Center, Portsmouth
September 11th – October 16th at Southern Ohio Medical Center, Portsmouth

Diabetes Empowerment Education Program™ (DEEP)

GALLIA COUNTY

January 26th – March 9th at the Gallia County Health Department, Gallipolis

JACKSON COUNTY

January 26th – March 9th at Seton Square, Wellston
August 31st – October 12th at the Jackson City Library, Jackson

LAWRENCE COUNTY

May 3rd – June 7th at New Hope United Methodist Church, Proctorville

ROSS COUNTY

March 16th – April 20th at Hopeton Terrace, Chillicothe

**Call 1-800-582-7277 or e-mail info@aaa7.org to register
or for more information on all the classes listed.**

Check out our website at aaa7.org to keep up-to-date on calendar changes and additions!

Diabetes Self-Management

BROWN COUNTY

May 5th – June 9th at the VA Cincinnati Medical Center/Georgetown Outpatient Clinic
August 25th – September 29th at the VA Cincinnati Medical Center/Georgetown Outpatient Clinic

GALLIA COUNTY

November 8th – December 20th at the Gallia County Health Department

JACKSON COUNTY

March 7th – April 18th at the Jackson City Library

LAWRENCE COUNTY

July 20th – August 24th at the Lawrence County Senior Center

ROSS COUNTY

March 1st – April 5th at Hopeton Village

SCIOTO COUNTY

March 15th – April 19th at Southern Ohio Medical Center
November 8th – December 13th at Southern Ohio Medical Center

Matter of Balance Falls Management

BROWN COUNTY

COACH TRAINING – January 27th at ABCAP, Georgetown
April 3rd – May 22nd at the VA Cincinnati Medical Center/Georgetown Outpatient Clinic, Georgetown
October 16th – December 4th at the VA Cincinnati Medical Center/Georgetown Outpatient Clinic, Georgetown

GALLIA COUNTY

May 2nd – May 25th at the Holzer Wellness and Therapy Center, Gallipolis

JACKSON COUNTY

March 14th – May 2nd at Seton Square, Wellston
August 2nd – September 20th at The Cambrian, Jackson
October 17th – November 9th at the Jackson City Library, Jackson

LAWRENCE COUNTY

January 10th – February 28th at New Hope United Methodist Church, Proctorville

PIKE COUNTY

COACH UPDATE TRAINING - February 3rd at the Pike County Health Department, Waverly
April 5th – April 28th at the Pike County Senior Center, Waverly

SCIOTO COUNTY

February 1st – March 22nd at Riverview Retirement, Portsmouth
March 23rd – April 14th at Scioto County Job and Family Services, Portsmouth

VINTON COUNTY

March 7th – April 25th at the Wilkesville Community Building, Wilkesville

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