Date Date Checked		Emergency Kit Supplies	
		Battery or crank operated radio	
		Working flashlight with extra working batteries	
		Test smoke & carbon monoxide detectors, change batteries	
		Signaling device (i.e. whistle, beeper, bell) to reach the attention of others	
		Food for at least 3 dayseasy to prepare packages or cans	
		Water—one gallon per person per day for at least 3 days	
		Food and water for your service and companion animals or pets	
		Non-electric can opener that you are able to use	
		Extra blankets or sleeping bags (for winter emergencies)	
		First Aid kit with Band-Aids, bandages, hand sanitizer, insect repellent, topical ointments, flu and cold remedies, and vitamins to boost general health	
		Medications & Medication List updated	
		Emergency Contact Numbers (inside of this pamphlet)	
		ABC-type fire extinguisher	

AFTER THE DISASTER

The emotions following a disaster can be devastating. It is crucial for the safety of your family to remain calm, listen for and then follow official instructions.

- Follow plan for the specific disaster or emergency and treat injuries
- Listen to news reports for information and instruction
- Assess condition of the house using a flashlight, NOT an open flame
- Do not enter an unsafe structure
- Smell for gas leaks, starting at the water heater
- Shut off any damaged utilities
- Clean up any hazardous or flammable spills
- Notify local and out-of-town contacts if possible, then only use the phone to report life-threatening emergencies



EMERGENCY PREPAREDNESS

Name _	_		 		: : : : : : : : : : : : : : : : : : :
Address					

Pike County

Are you prepared for any type of emergency? Will you remain safe or do you have someone to assist you? Please take the time to plan NOW and be prepared when the emergency arrives.

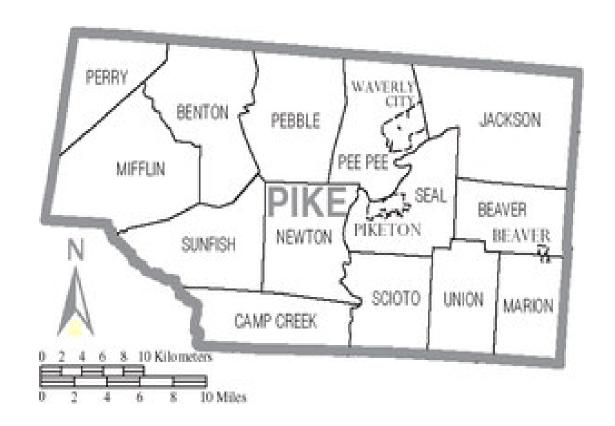
Evacuation Plan

Where will you go?
How will you get there?
Emergency number list (see next page)
What will you take? (clothes, medications, current medication list, equipment
What will you do about your pets?
Notify your Case Manager
Shelter in Place (For Gas or Chemical spills) Where in your home will you stay until it is safe?
Shut windows/doors, turn off fans, heating/AC
Place towels at door thresholds and window sills
Listen to radio/TV(station)

Area Agency on Aging District 7
Serving Ten Counties in Southern Ohio. Services provided on a non-discriminatory basis

PIKE COUNTY EMERGENCY NUMBERS

CONTACT PERSON:	_ NUMBER:			
CARE MANAGER:	NUMBER: 800-582-7277 EXT			
PIKE CO EMA	NUMBER: 740-708-5146			
FAMILY DOCTOR:	NUMBER:			
PHARMACY	NUMBER:			
HOME MEDICAL EQUIP	NUMBER:			
PREFERRED HOSPITAL	NUMBER:			
FIRE DEPARTMENT:	911			
PIKE COUNTY SHERIFF:	NUMBER: 740-947-2111			
LOCAL POLICE:	NUMBER:			
RED CROSS:	NUMBER: 888-354-3293			
LOCAL SHELTER	NUMBER:			
PIKE CO HUMANE SOCIETY	NUMBER: 740-708-5146			
ELECTRIC COMPANY	NUMBER:			
GAS COMPANY	NUMBER:			
WATER COMPANY	NUMBER:			
PHONE COMPANY	NUMBER:			
LOCAL HOSPITALS				
ADENA HEALTH CENTER	740-941-5150			
ADENA MEDICAL CENTER	740-947-2186			
CHILLICOTHE VA	740-773-1141			
FAMILY HEALTH CENTER	740-947-7726			
SOMC URGENT CARE	740-947-7662			
NURSING AND REHABILITATION FACILITIES:				
EDGEWOOD MANOR OF LUCAS	SVILLE I 740-259-5536			
EDGEWOOD MANOR OF LUCAS	SVILLE II 740-259-2351			
TRADITIONS AT BRISTOL VIL	LAGE 740-947-2113			
PLEASANT HILL MANOR	740-289-1031			
PIKETON NURSING CENTER	740-289-4074			



I live in	township.		
	ADDITIONAL NUMBERS		
	NUMBER:		
	NUMBER:		